

# Lunch Menu

## Hot Luncheon Entrees

Hot Luncheon Entrees include your choice of Salad, Vegetable, Starch, Rolls and, Dessert.

### **Baked Havarti Chicken** **\$17.95 per person**

Baked Chicken Breast Marinated in Italian Dressing and Greek Seasoning, Topped with Havarti Cheese, Green Chili Pepper and Sautéed Mushrooms, Nestled Next to Long Grain Rice and Vegetable Medley

### **Surry Chicken** **\$18.95 per person**

Sautéed Chicken topped with Surry Ham and Swiss Cheese in White Wine Mustard Cream

### **Chicken Al Roma** **\$18.95 per person**

Sautéed Chicken Breast Covered with Spinach, Tomato, Swiss Cheese and Roasted Garlic White Wine Sauce

### **Marinated Grilled London Broil** **\$18.95 per person**

Sliced Thin and Served with Wild Mushroom Cabernet Sauce

### **Sesame Seared Salmon** **\$18.95 per person**

Topped with Plum Soy Sauce over Bay Shrimp and Stir Fried Rice

### **Chesapeake Crab Cake** **\$21.95 per person**

Broiled Crab Cake Lemon Butter Sauce

## Cold Luncheon Entrees

Cold Luncheon Entrees include Warm Rolls and Butter, Dessert, Coffee, Tea, and Water

### **Trio Salad** **\$13.95 per person**

Chicken, Tuna and Egg Salad served on a Bed of Mixed Greens with Tomato, Cucumber, Onion, and Carrots

### **Grilled Chicken Caesar Salad** **\$14.95 per person**

Marinated Chicken Breast with Romaine Lettuce, Parmesan Cheese and Traditional Caesar Dressing

### **Chef Salad** **\$14.95 per person**

Julienne Ham, Turkey and Cheddar on a Bed of Mixed Greens with Tomato, Cucumber, Onion, Carrots and Hard Boiled Eggs

### **Grilled Chicken Caesar Wrap** **\$14.95 per person**

Marinated Chicken Breast with Romaine Lettuce, Parmesan Cheese and Traditional Caesar Dressing Served with a Gemmilli Pasta Salad

**All Luncheon Entrées and Buffets include Regular and Decaffeinated Coffee, Iced Tea, Warm Rolls and Butter.**

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### **Chesapeake Deli Box Lunch** **\$13.95 per person**

Bread Options include Wraps, Wheat, or Croissant  
Ham, Turkey, or Roast Beef  
(Served with Lettuce, Tomato, Cheese and Condiments)  
Potato Chips  
Apple or Orange  
Fresh Baked Cookies  
Bottled Water or Soda

## Choice of Salads

(All the Salads listed below are the Choice salads included in the Dinner and Lunch Entrée)

### **Garden Salad**

Mixed Greens with Tomato, Onions, Cucumber, Carrots, Shredded Cheese and Garlic Croutons

### **Wedge Salad**

Wedged Iceberg with Bacon, Tomato, Onions, Chopped Eggs

### **Spinach Salad**

Baby Spinach with Poached Pear, Red Onions, Caramelized Pecans and Chopped Eggs in Bacon Dressing

### **Field Salad**

Mixed Greens with Cranberries, Caramelized Pecan, Tomato, Cucumber and Carrots

### **Caesar Salad**

Romaine Lettuce with Black Olives, Caesar Dressing, Grated Parmesan Cheese and Baked Croutons

## Choice of Vegetables

Green Beans with Bacon and Onions  
Honey Glazed Baby Carrots with Dill  
Sautéed Broccoli  
Country Style String Beans  
String Beans Almondine (Almonds optional)  
Vegetable Medley (Green Beans, Squash & Carrots Mix)  
Steamed or Mashed Cauliflower

## Choice of Starches

Whipped Sweet Potatoes  
Garlic Mashed Potatoes  
Twice Baked Potatoes  
Red Bliss Whipped Potatoes  
Herb Roasted Potatoes  
Garden Rice Pilaf  
Sweet Potato Casserole

## Choice of Desserts

Crème Brulee Cheese Cake  
Bread Pudding with Bourbon Sauce  
NY Style Cheese Cake with Strawberries and Whipped Cream  
Chocolate Mousse Cake with Raspberry Sauce  
Carrot Cake with Cream Cheese Frosting  
Rock Slide Brownie  
Strawberry Orange Cream Cake  
Snicker Pie-Brownie  
Bailey Irish Cream Brownie  
Lemon Meringue Pie with Mango and Raspberry Puree  
Caramel Granny Apple Pie  
Lemon Berry Bomb  
Chocolate Peanut Butter Pie

CHESAPEAKE CONFERENCE CENTER

*It All Happens Here*

# Lunch Menu

## Luncheon Buffets

A minimum guarantee of 30 guests is required. If guarantee is smaller than 30, charge incurred will be for 30.

### **Deluxe Deli Buffet** **\$18.95 per person**

Pesto Pasta Salad with Basil, Olives, Tomatoes, Peas, Broccoli, Peppers and Parmesan Cheese  
Fresh Fruit Salad  
Red Bliss Potato Salad  
Tomato Basil Bisque or Chicken Vegetable Soup  
Deli Tray (Served with Assorted Soft Rolls, Breads and Wraps, Mayonnaise, Mustard and Vinaigrette)  
Sliced Turkey, Ham, Roast Beef, Genoa Salami, Chicken and Tuna Salad, Swiss, Provolone, Lettuce, Tomato, Red Onions and Pickles  
Cookies and Brownies

### **Mexican Buffet** **\$17.95 per person**

Mixed Greens with Corn, Black Beans, Onions, Tomato and Shredded Cheddar  
Fresh Fruit Salad  
Tortilla Chips with Salsa  
Refried Beans  
Fiesta Rice with Tomato, Sautéed Peppers and Onions  
Tacos with Spicy Beef, Shredded Cheddar, Onions, Lettuce, Salsa, Sour Cream and Corn Tortillas  
Fajitas with Grilled Chicken, Peppers, Onions and Flour Tortillas  
Enchiladas with Beef or Chicken in a Spicy Tomato or Jalapeño Cheese Sauce  
Chef's Choice of Dessert

### **Welcome South Lunch** **\$19.95 per person**

Chesapeake Garden Salad  
Tri-Color Pasta Salad  
Southern Fried Chicken  
Sliced Top Round with Wild Mushrooms  
Red Bliss Whipped Potatoes  
Country Style Green Beans  
Chef's Choice of Dessert

### **Italian Buffet** **\$18.95 per person**

Caesar Salad with Romaine Lettuce, Black Olives, Croutons, Parmesan and Caesar Dressing  
Fresh Fruit Salad  
Tomato, Red Onion and Cucumber Salad  
Sautéed Peppers, Zucchini, Onion and Eggplant  
Baked Ziti  
Chicken Parmesan  
Alfredo Shrimp and Scallop  
Garlic Bread Sticks  
Bread Pudding and Banana Cream Pie

### **Hampton Roads Buffet** **\$20.95 per person**

Mixed Greens with Tomatoes, Cucumber, Onions, Carrots, Croutons, and Shredded Cheese  
Pineapple Cole Slaw  
Red Bliss Potato Salad  
Vegetable Medley  
Fresh Fruit Salad  
Baked Beans with Applewood Bacon  
Southern Pulled Pork BBQ  
Chicken BBQ or Southern Fried  
Battered Fish with Tartar and Cocktail Sauce  
Corn Muffins  
Strawberry Trifle and Bread Pudding

### **The Executive Buffet** **\$21.95 per person**

Mixed Greens with Tomatoes, Cucumber, Onions, Carrots, Croutons, and Shredded Cheese  
Fresh Fruit Cocktail Bowl  
Sautéed Lemon Pepper Chicken in Lemon, Wine and Basil Reduction  
Medallions of Sirloin Steak au Poivre with Peppercorn  
Blackened Shrimp and Scallops on Fettuccini Alfredo with Shaved Parmesan  
Sautéed Broccoli with Lemon Zest and Garlic  
Herb Roasted Potatoes  
Peach Cobbler and Strawberry Banana Trifle

## Children's Menu

(Ages 3 to 12)

### **Plated Meal** **\$11.95 per child**

Mixed Salad  
Chicken Fingers, Hamburger/Cheeseburger or Mini Pizza  
French Fries or Macaroni and Cheese  
Beverage and Dessert

### **Children's Lunch Buffet**

One-half the cost of the Adult Buffet plus \$1.00

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